

**MICHELLE SANDERSON, CMT, CLT**

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EDUCATION

**Humboldt State University**

Upper Division Coursework Wildlife Biology

**1992-1994**

**Fullerton College**

AA Biology

Alpha Gamma Sigma Honor Society

**1989-1992**

CERTIFICATIONS

**Certified Lymphedema Therapist 135 Hours**

Klose Training Institute

**2020**

**Manual Lymphatic Drainage Therapist 45 Hours**

Klose Training Institute

**2019**

**Certified Massage Therapist 500 Hours**

Monterey Institute of Touch

**2006**

**Craniosacral Therapy 100 Hours**

Monterey Institute of Touch

**2001**

**Certified Massage Practitioner 200 Hours**

Monterey Institute of Touch

**1997**

CONTINUING EDUCATION

Lymph, Fascia, and Primo-Vascular System Chikly Institute 18 Hours

**2024**

Central Lymphatic Dysfunction Lymphedema Seminars 6 Hours

**2023**

Advanced Skill Builder Workshop 30 Hours

**2023**

An Expert Opinion on Lipedema

**2023**

Head to Toe Compression Juzo Academy

**2023**

Scar Tissue Mobilization Therapy 24 Hours

**2023**

**CircAid The Inelastic Solution 1.5 Hours**

**2023**

**FascialPelvis Myofascial Release 20 Hours**

**2023**

**Management of Post Op Plastic Surgery Procedures Advanced MLD**

**2022**

Central Lymphatic Dysfunction Lymphedema Seminars 6 Hours

**2023**

**Obesity and Obesity Related Lymphedema & Lipedema Klose Training 2.5 Hours**

**2022**

**Lipedema Awareness For Massage Therapists Kathleen Lisson 1 Hour**

**2022**

Head and Neck Lymphedema Norton School 20 Hours	2022
Solutions For Breast Cancer Survivors Medi University	2021
Plastic Surgery Myofascial and Fibrosis Massage Advanced 4 Hours	2021
Lymphatic and Fibrosis Massage Cupping After Liposuction 2 Hours	2021
Massage After Tummy Tuck	2021
Massage After Facelift	2021
How Can Compression Reduce Swelling and Fibrosis	2021
A Naturopathic Approach to Lymphatic Disorders	2021
Managing Fibrosis When Treating Lymphedema 1 Hour	2021
Medi University Circaid The Inelastic Solution 1 Hour	2021
Principles of LED Therapy LightStim	2021
Medi University Venous Wound Care 1 Hour	2021
Greet The Day Client Safety 7 Hours	2021
Plastic Surgery Recovery and Fibrosis Massage 4 Hours	2020
Massage After Reconstructive Surgery	2020
Plastic Surgery Recovery Questions 1 Hours	2020
Monarch Education Head and Neck Cancer 7.5 Hours	2020
Oncology Massage Infusion Center Intensive 26 Hours	2019
Aromatherapy Essentials 12 Hours	2018
Scar Tissue Mobilization 24 Hours	2017
Greet The Day Foundations of Oncology Massage 24 Hours	2016
Lymphatic Drainage 3 Upledger Institute 25 Hours	2011
Integral Anatomy Intensive 7 Hours	2010
Myofascial Bodywork Working With Ribs 3 Hours	2009
Advanced Orthopedic Massage Lower Body Orthomassage 20 Hours	2009
Advanced Orthopedic Massage Upper Body Orthomassage 20Hours	2008
Lymphatic Drainage 2 Upledger Institute 24 Hours	2007
Lymphatic Drainage 1 Upledger Institute 24 Hours	2007
Craniosacral Therapy 2 Upledger Institute 24 Hours	2002
Craniosacral Therapy 1 Upledger Institute 24 Hours	2001

AWARDS

**Soroptimist International Ruby Award**

**2010**

TEACHING EXPERIENCE

**Women's Breast Health Class**

Taught groups of women self-lymphatic drainage for optimizing breast health

**2010-2014**

**Teaching Assistant Greet The Day**

Assisted in teaching Foundations of Oncology Massage and Introduction to Oncology Massage

**2018-Present**

MEMBERSHIPS

**Society for Oncology Massage**

**Associated Bodywork and Massage Professionals**

**California Massage Therapy Council #28631**

**National Lymphedema Network**

**2016-Present**

**Current**

**2015-Present**

**2019-Present**