

Michelle Sanderson, CMT, CLT

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PROFESSIONAL SUMMARY

Certified Massage and Lymphedema Therapist with 28 years of clinical experience managing lymphedema, lipedema, complex chronic illness, and post-operative recovery.

EDUCATION

AA Biology

Fullerton College, Fullerton, CA
Alpha Gamma Sigma Honor Society

1989/1992

Upper Division Coursework BS Wildlife Management

Humboldt State University, Arcata CA

1992/1994

Human Physiology

California State University, Fullerton, Fullerton, CA

1995

CERTIFICATIONS

Perrin Licensed Practitioner 24 Hours

Dr. Raymond Perrin

2024

Certified Lymphedema Therapist 135 Hours

Klose Training Institute

2020

Manual Lymphatic Drainage Therapist 45 Hours

Klose Training Institute

2019

Certified Massage Therapist 500 Hours

Monterey Institute of Touch

2006

Craniosacral Therapist 100 Hours

Monterey Institute of Touch

2001

Certified Massage Practitioner 200 Hours
Monterey Institute of Touch

1997

CONTINUING EDUCATION

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| Fat Disorders Resource Society Conference | 2025 |
| Perrin Technique Three Day Workshop 24 Hours | 2025 |
| LDT Applications to Viscera Online: Thorax & Abdomen 18 Hours | 2024 |
| The Perrin Technique License To Practice 18 Hours | 2024 |
| Gentle Touch Massage In Home Or Care Facility 3 Hours | 2024 |
| Fat Disorders Society Conference 12.5 Hours | 2024 |
| Lymph, Fascia, and Primo-Vascular Systems 18 Hours | 2024 |
| Central Lymphatic Dysfunction 6 Hours | 2023 |
| Advanced Lymphedema Skill Builder Workshop 30 Hours | 2023 |
| An Expert Opinion on Lipedema 1.5 Hours | 2023 |
| Scar Tissue Mobilization 24 Hours | 2023 |
| Head To Toe Compression 9 Hours | 2023 |
| CircAid The Inelastic Solution 1.5 Hours | 2023 |
| Fascial Pelvis Myofascial Release 20 Hours | 2023 |
| Restore Understanding Scars 21 Hours | 2023 |
| Management of Post Op Recovery Surgery Procedures Advanced MLD 28 Hours | 2022 |
| Obesity and Obesity Related Lymphedema & Lipedema 2.5 Hours | 2022 |
| Guide To Long Covid 1 Hour | 2022 |

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| Blood Clots: Causes and Concerns 1 Hour | 2022 |
| Massage After Tummy Tuck 1 Hour | 2022 |
| Lipedema Awareness For Massage Therapists 1 Hour | 2022 |
| Head and Neck Lymphedema Certification 29 Hours | 2022 |
| Solutions For Breast Cancer Survivors 1 Hour | 2021 |
| Plastic Surgery Myofascial and Fibrosis Massage Advanced 4 Hours | 2021 |
| Lymphatic and Fibrosis Massage Cupping After Liposuction 2 Hours | 2021 |
| Naturopathic Approach to Lymphatic Disorders 1.5 Hours | 2021 |
| Breast Cancer Related Lymphedema 7 Hours | 2021 |
| Managing Fibrosis When Treating Lymphedema | 2021 |
| Medi University CircAid The Inelastic Solution 1 Hour | 2021 |
| Principles of LED Therapy | 2021 |
| Medi University Venous Wound Care 1 Hour | 2021 |
| Greet The Day Client Safety Course 7 Hours | 2021 |
| Plastic Surgery Recovery and Fibrosis Massage 4 Hours | 2020 |
| Massage After Reconstructive Surgery | 2020 |
| Plastic Surgery Recovery Questions 1 Hour | 2020 |
| Monarch Head and Neck Cancer 7.5 Hours | 2020 |
| Oncology Massage Infusion Center Intensive 26 Hours | 2019 |

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| Aromatherapy Essentials 12 Hours | 2018 |
| Scar Tissue Mobilization 24 Hours | 2017 |
| Green The Day Foundations of Oncology Massage 24 Hours | 2016 |
| Lymphatic Drainage III Upleger Institute 25 Hours | 2011 |
| Integral Anatomy Intensive 7 Hours | 2010 |
| Myofascial Bodywork Working with Ribs 3 Hours | 2009 |
| Advanced Orthopedic Massage Lower Body 20 Hours | 2009 |
| Advanced Orthopedic Massage Upper Body 20 Hours | 2008 |
| Lymphatic Drainage II Upleger Institute 24 Hours | 2007 |
| Lymphatic Drainage I Upleger Institute 24 Hours | 2007 |
| Craniosacral Therapy 2 Upleger Institute 24 Hours | 2002 |
| Craniosacral Therapy I Upleger Institute 24 Hours | 2001 |

TEACHING EXPERIENCE

- **Women's Breast Health Class**

Teach groups of women self-lymphatic drainage for optimizing breast health

2010-Present

- **Teaching Assistant Greet The Day**

Assist in teaching Foundations of Oncology Massage and Introduction to Oncology Massage

2018-Present

AWARDS

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| Soroptimist International Ruby Award | 2010 |
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| Alpha Gamma Sigma | 1992 |
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| Service To Community | |
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MEMBERSHIPS

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| Society for Oncology Massage | 2015-Present |
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| Associated Bodywork and Massage Professionals | Current |
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| California Massage Therapy Council | 2015-Present |
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| National Lymphedema Association | 2019-Present |
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